

QUINCY INVITATIONAL SWIM MEET

JULY 26 & 27, 2008

Sanction: Held under USA Swimming/Sierra Nevada Swimming Sanction No. 39-08

Location: Quincy Community Pool. From Highway 70 in Quincy, turn north on Fairgrounds Road. The pool is one block north on the right on the corner of Fairgrounds Road and Pioneer Road, Quincy.

Course: Outdoor 25 yard 6 lane heated pool. A warm up pool is also available.

Time: Warm-ups will begin no later than 8 am and the meet starts at 9 am each day.

Rules: Current USA Swimming and Sierra Nevada Swimming rules will govern the meet. All events are timed finals. Swimmers may enter up to four individual events plus one relay each day. All swimmers must have a current registration card and must enter the number on their entry forms. Swimmers who enter as “pending” or “applied for” or who leave the number off their entry form must be prepared to present their current card or registration before being allowed to check-in.

Check-in: The meet will be deck seeded. Swimmers must check-in with the Clerk of the Course for the first 4 events by 8:30 am. Swimmers must check in for other events at least 30 minutes before the estimated start time of that event. Swimmers who do not check in for an event will not be allowed to swim that event.

Entries: Option 1: Entries must be post marked by July 14, 2008 or hand-delivered to the Quincy Community Pool by Wednesday July 16th. Individual entries must be on a Consolidated Entry Form (SAMMS consolidated card). Entry forms must be filled out completely and legibly. “No time” entries will be accepted. Deck entries will be accepted if the entry limit has not been reached. Deck entries will be for time only (not awarded or scored).

Option 2: Online Meet Entries at: <http://swimconnection.com/sn/meet/gst>
You will receive immediate confirmation of acceptance via email. The “billing information” email should be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Sierra Nevada Swimming.

Entry Limits: This meet will be limited to the first 350 swimmers. Swimmers may enter up to **4 individual events** (not counting relay events) **each day**. Submitted entries will be processed as received. If the entry limit is reached while processing a team entry, the balance of that team will be processed. Early entries are strongly encouraged!

Entry Fees: Individual entry fees (including deck entries) are \$3.00 per swimmer per event (including \$.75 age group travel, \$.50 senior travel, \$.50 General Fund). There is also a **pool surcharge of \$5 per swimmer** to help cover the cost of the pool. Make checks payable to Plumas Swim Team. No refunds will be given.

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Relays: Relay entries will be collected on Saturday during the meet before 1 pm. Relay entry fees are \$8.00 per relay event (includes \$2.00 SNS fee, \$3.00 to age group and \$2.00 to national travel funds) and payable at time of submittal. Relay lead-off splits must be requested from the Meet Referee at the meet the day of the swim.

Seeding: The meet will be deck seeded. Any event with twenty or more swimmers at check-in will be divided equally into two flights based on final swim times. The faster will be designated Gold Flight and the slower will be Blue Flight. Identical times on the dividing line will be moved into the Gold Flight, as will the middle time in a group with an odd number. An event with less than twenty swimmers will be Gold Flight only.

Awards: Separate awards will be given to each age group (6 & Under, 7/8, 9/10, 11/12, 13/14, 15/16 and 17/18) in combined age group events. All Gold Flight awards (1st-12th) and Blue Flight awards 1st-3rd are medals and Blue Flight awards (4th-12th) are ribbons. Relays are awarded 1st-3rd. Individual high point winners for girls and boys in each age group will be given special awards. Team high point (1st-3rd) will be awarded. Individuals achieving new "A" times will also be awarded. **Yes, we give a lot of awards!**

Scoring: Gold Flight scores for 1st through 12th: 16, 13, 11, 9, 8, 7, 6, 5, 4, 3, 2, 1. Relays are not scored.

Officials: Referee-Fred Stolp; Starter—Mark Fountain; Meet Director—Jerry Sipe

Minimum Officials: Each team shall, by the entry deadline, provide the meet director, or designee, a list of officials who have agreed to represent that team during the meet, in accordance with the following table:

Number of a team's swimmers entered in the meet	Number of trained & carded officials required
0 to 10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

One half-hour before the scheduled start of each session, the meet referee shall conduct an inventory of officials, and shall compare the number of entries against the number of officials present representing each team. Those teams who have not provided sufficient officials shall have all their swimmers treated as "time-only swimmers" in all aspects of that session.

Admission: Free. Programs will be available for \$4.00

Restrictions: Sale or use of alcoholic drinks is prohibited in all areas of the meet venue. Smoking or the use of other tobacco products will not be allowed on the deck, in the bleachers, locker rooms or other areas designated as swimmer rest areas.

Food: Working officials and timers will be served an early morning snack and lunch. A pancake breakfast and snack bar will be available throughout the meet.

Mail Entries to: Plumas Swim Team, Post Office Box 407, Quincy, CA 95971

Questions? Contact the Meet Director, Jerry Sipe at sipe@onemain.com

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Saturday July 26, 2008

Events By Age Group

Girls	Boys	Age Group	Event		Girls	Boys	6-Un
1	2	13-18	200 IM	Sat	5	6	100 IM
3	4	11-12	100 IM		11	12	50 Breast
5	6	10-UN	100 IM		19	20	25 Back
					25	26	25 Free
7	8	13-18	100 Breast	Sun	41	42	25 Fly
9	10	11-12	50 Breast		49	50	50 Back
11	12	10-UN	50 Breast		55	56	25 Breast
					63	64	50 Free
					Girls	Boys	7-8
13	14	13-18	200 Back	Sat	5	6	100 IM
15	16	11-12	100 Back		11	12	50 Breast
17	18	9-10	100 Back		19	20	25 Back
19	20	8-UN	25 Back		25	26	25 Free
21	22	13-18	200 Fly	Sun	41	42	25 Fly
23	24	11-12	100 Fly		49	50	50 Back
25	26	8-UN	25 Free		55	56	25 Breast
27	28	13-18	100 Free		63	64	50 Free
29	30	11-12	100 Free		Girls	Boys	9-10
31	32	9-10	100 Free	Sat	5	6	100 IM
33	34	13-18	200 Medley Relay		11	12	50 Breast
35	36	12-UN	200 Medley Relay		17	18	100 Back
					31	32	100 Free
				Sun	43	44	50 Fly
					49	50	50 Back
					57	58	100 Breast
					63	64	50 Free

Sunday July 27, 2008

37	38	11-12	200 Free		5	6	100 IM
39	40	13-18	200 Free		11	12	50 Breast
41	42	8-UN	25 Fly		19	20	25 Back
43	44	9-10	50 Fly	Sat	25	26	25 Free
45	46	11-12	50 Fly		41	42	25 Fly
47	48	13-18	100 Fly		49	50	50 Back
					55	56	25 Breast
49	50	10-UN	50 Back		63	64	50 Free
51	52	11-12	50 Back		Girls	Boys	11-12
53	54	13-18	100 Back	Sun	3	4	100 IM
55	56	8-UN	25 Breast		9	10	50 Breast
57	58	9-10	100 Breast		15	16	100 Back
59	60	11-12	100 Breast		23	24	100 Fly
61	62	13-18	200 Breast		29	30	100 Free
63	64	10-UN	50 Free		37	38	200 Free
					45	46	50 Fly
65	66	11-12	50 Free		51	52	50 Back
67	68	13-18	50 Free		59	60	100 Breast
69		Mixed	200 Free		65	66	50 Free
				Sat	Girls	Boys	13-18
					1	2	200 IM
					7	8	100 Breast
					13	14	200 Back
					21	22	200 Fly
					27	28	100 Free

10-UN events will be swum together but awarded and scored as 9-10, 7-8 and 6-UN

Mixed Free Relay team consists of two boys and two girls, with two swimmers in the 12-UN age group and two in the 13-18 age group

Sun	39	40	200 Free
	47	48	100 Fly
	53	54	100 Back
	61	62	200 Breast
	67	68	50 Free